

Angela G. Sison-Aguilar, MD, MSc MBA (Health)

Fellow , POGS, PSRM, IFEPAG, PSGE

Specialization: Obstetrics and Gynecology

Subspecialization: Reproductive Endocrinology and Infertility, Laparoscopy, Hysteroscopy,
Pediatric and Adolescent Gynecology

Professor 3 and University Scientist 1, Division of Reproductive Endocrinology and Infertility
Department of Obstetrics and Gynecology, University of the Philippines

President, Philippine Society for Reproductive Medicine, 2021

President, Pediatric and Adolescent Gynecology Society of the Philippines, 2020

President, Philippine Society for Gynecologic Endoscopy , 2015-2016

Special Assistant to the Dean for External and International Linkages, University of the
Philippines College of Medicine

Board Member and Congress President 2023, Asian Society of Endometriosis and Adenomyosis

Treasurer and Board Member, Asian Oceanic Society of Paediatric and Adolescent Gynaecology
(AOSPAG)

Current Journal Reviewer, Journal of Minimally Invasive Therapy, Official Journal of the The
Asia-Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy
(APAGE)

Co-Lead, Special Interest Group for Endometriosis, Asia Pacific Initiative on Reproduction
(ASPIRE), 2024

Current Journal Co-Editor, PAG (Pediatric and Adolescent Gynecology) Journal, Official Journal
of the Pediatric and Adolescent Gynecology Society of the Philippines

Committee Chair, Section of Minimally Invasive Surgery of the Department of Obstetrics and
Gynecology, Department of Obstetrics and Gynecology, Cardinal Santos Medical Center

Past Member, Accreditation Committee, The Asia-Pacific Association for Gynecologic
Endoscopy and Minimally Invasive Therapy (APAGE)

Past Member of the International Advisory Board, The Asia-Pacific Association for Gynecologic
Endoscopy and Minimally Invasive Therapy (APAGE)

Awards

University Scientist 1 2019-2021

Howard and Conchita Redmon Professorial Chair, 2nd March 2016, University of the Philippines Manila

With Merit, Master of Science in Reproduction and Development, University of Bristol, 2015

Asia & Oceania Federation of Obstetrics and Gynecology Shan S. Ratnam – Young Gynaecologist Award 2007

Dean's List, Masters in Health Service Administration (MBA in Health), 1998

Ten Outstanding Residents of the Philippines, Philippine Obstetrical and Gynecological Society, 1997

Outstanding Intern in Community Medicine, 1991, Philippine General Hospital

Fellow, Philippine Obstetrical and Gynecological Society, Inc.

Fellow, Philippine Society for Reproductive Endocrinology and Infertility

Fellow, Philippine Society for Gynecologic Endoscopy

Fellow, International Federation of Pediatric and Adolescent Gynecology

Founding Member, Pediatric and Adolescent Gynecology Society of the Philippines, Inc

Founding Member, Philippine Society for Gynecologic Endoscopy

Member, European Society for Human Reproduction and Embryology

Member, American Society for Reproductive Medicine

Member, Philippine Association of Laparoscopic and Endoscopic Surgeons.

Member, Philippine Society for Ultrasound in Clinical Medicine

Member, The International Society for Gynecologic Endoscopy

Member, Philippine Society for Climacteric Medicine

Member, Philippine Medical Association

Member, Health Alliance for Democracy

Education, Training

1972-1980	Elementary School, College of the Holy Spirit, Manila
1980-1984	Highschool, St. Scholastica's College, Manila
1984-1991	Doctor of Medicine (7 year Intarmed Curriculum), University of the Philippines with Associate in Arts Degree (1986), Bachelor of Science in Basic Medical Sciences (1988), and Rotating Internship, Philippine General Hospital (1991)
1994-1997	Residency in General Obstetrics and Gynecology, Philippine General Hospital
1999-2000	Fellowship in Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology, Philippine General Hospital
2010	Master's Degree in Business Administration (Health), Ateneo Professional Schools, Rockwell Center, Makati City.
2013-2015	Master of Science (MSc) in Reproduction and Development, with Merit University of Bristol, United Kingdom with clinical attachment at the Bristol Center for Reproductive Medicine.

Licenses

Physician Licensure Examination, 1991

Diplomate, Philippine Board of Obstetrics and Gynecology, 2000

Diplomate, Philippine Society of Reproductive Endocrinology and Infertility, 2001

Certified International Fellow, International Federation of Pediatric and Adolescent Gynecology, 2006

Fellow, Philippine Society for Gynecologic Endoscopy, 2007

Publications, Researches, Papers, Lectures

- 2023 Annarose Patupat MD and Angela Aguilar. Prevalence of dysmenorrhea, menstrual related symptoms and pelvic pain, and its effect on health-related quality of life among female university students. For presentation at the Asian Congress on Endometriosis September 2023.
- 2023 Aguilar, Angela, Virgilio Novero, Ednalyn T. Ong-Jao, Marijay Utulo, Tawny Ann Pua Cortes-Gaspar, Michelle Enriquez-Gamboa, Genalyn Carreon, Amanda Marie Cheong. The Philippine society of reproductive medicine ethical guidelines on the provision and practice of assisted reproductive technology 2023. For oral presentation at the International Federation of Fertility Societies (IFFS) World Congress in Athens, 10 - 13 September 2023.
- 2022 Kim, M. R., Chapron, C., Römer, T., Aguilar, A., Chalermchockcharoenkit, A., Chatterjee, S., ... & Yen, C. F. (2022, December). Clinical diagnosis and early medical management for endometriosis: consensus from asian expert group. In *Healthcare* (Vol. 10, No. 12, p. 2515). MDPI.
- 2022 Maria Dolores K. Co, MD and Angela S. Aguilar, MD. Assessment of health-related quality of life of patients with Abnormal Uterine Bleeding. Winner Third Place Residents Research Paper Contest UP PGH Department of Obstetrics and Gynecology.
- 2022 Monica Wendell Gatus Fernandez-Guevara and Angela S. Aguilar, The Association Between First-Trimester Subchorionic Hemorrhage and Pregnancy Loss in Singleton Pregnancy in a Tertiary Hospital; A Retrospective Cohort Study from January 2015 to December 2019. For Presentation at the International Society of Ultrasound in Obstetrics and Gynecology (ISUOG) World Congress.
- 2021 Josille Mae F. Atienza and Angela Aguilar. Menstrual morbidity among healthcare professionals in a Private tertiary hospital and its correlation with pelvic Examination and ultrasound imaging: a cross – sectional Study.
- 2021 Koleen Pasamba and Angela Aguilar. Remote electronic fetal heart and vital signs monitoring in a COVID-19 referral hospital in the Philippines using a locally made monitoring device: RxBox Version 2. Winner, First Place, UP PGH Science Week.
- 2019 Training and accreditation for gynecological minimally invasive surgery in the Philippines. A lecture delivered at the Taiwan Association for Minimally Invasive Gynecology (TAMIG) in the "2019 TAMIG Annual Meeting" held on Sep 28-29, 2019 in NTUH International Convention Center, Taipei, Taiwan.
- 2019 Preserving fertility in adolescent patients. A plenary lecture delivered in the Asia-Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy (APAGE) 20th Annual Congress on 19-22 September in Chongqing, China.
- 2019 Establishing an endometriosis registry and tissue biobanking in a university hospital. A lecture delivered at the The 8th Asian Conference on Endometriosis 2019 from 28-30 August in Pattaya, Thailand
- 2019 QOL Evaluation in Endo: Variations across populations and its implications in effectiveness measures. A lecture delivered at the International Congress on Endometriosis last March 8-10, 2019 BM Birla Auditorium and Soni Hospital, Jaipur
- 2018 Need for further research on term induction of labor and its impact on pregnancy outcomes" by Aguilar, Angela; Arulkumaran, Sabaratnam; Nur Azurah, Abdul Ghani; Chanrachakul, Boonsri; Chen, Chih Yao; Hyett, Jon; Ma, Runmei; Nhi, Nguyen Ba; Tank, Parikshit; Yeo, George. Submitted for publication.

- 2018 Is MIS an acceptable approach in pediatric patients? A lecture given at the Annual Convention of the Philippine Obstetrical and Gynecological Society, Inc. 14 November 2018. Philippine International Convention Center.
- 2018 Adolescent Polycystic Ovary Syndrome. A lecture given at the Annual Convention of the Pediatric and Adolescent Gynecology Society of the Philippines 13 November 2018.
- 2018 Comparison of Vaginal Evening Primrose Oil Gel Capsule and Dinoprostone Gel as Cervical Ripening Agents in Labor Induction for Term, Singleton Pregnancies: A Prospective Cohort with Patricia Tanchuling as primary author. Presented during Oral sessions at the International Federation of Gynecology and Obstetrics (FIGO) in Rio de Janeiro, Brazil October 2018.
- 2018 Predicting DIE on symptomatology, ultrasound and biomarkers. A paper delivered at the 7th Asian Congress on Endometriosis, in Taipei, Taiwan, September 2018
- 2018 Use of Three-Dimensional Ultrasound in the Diagnosis of Deep Infiltrating Endometriosis: A Meta-Analysis. Co author with Mary Liezl Yu. Presented at the Philippine Society for Reproductive Medicine Annual Convention, September 26, 2018 at the EDSA Shangri-la, Mandaluyong City.
- 2018 A Descriptive Study on the Quality of Life of Infertile Filipino Women using the Filipino Version of Fertiqol. Co-authored with Genevieve Ortega. Presented at the Philippine Society for Reproductive Medicine Annual Convention, September 26, 2018 at the EDSA Shangri-la, Mandaluyong City.
- 2018 Factors Predicting Laparoscopic Conversion to Laparotomy in Surgically Managed Pelvic Inflammatory Disease in a Tertiary Hospital From 2007-2016: A Retrospective Study. Co authored with Ann Marie M. Tan. Presented at the Philippine Society for Reproductive Medicine Annual Convention, September 26, 2018 at the EDSA Shangri-la, Mandaluyong City.
- 2018 Endometriosis and Infertility. A lecture delivered at the 1ST POSTGRAD COURSE: UPDATES IN INFERTILITY in Davao City, PHILIPPINES> 8 September 2018.
- 2018 Fertility and obesity in women. A lecture given at the Philippine Association for the Study of Overweight and Obesity (PASOO) 24th Annual Convention on 30 August 2018.
- 2018 Polycystic Ovary Syndrome. A lecture given at the Filipino Chinese Medical Society Postgraduate Course. 4 August 2018 at the Century Hotel, Manila.
- 2018 Laparoscopic Myomectomy: To Morcellate or Not. A lecture delivered at the Date: 12th and 13th August 2018 at the MASTERCLASS IN LAPAROSCOPIC SURGERY - THEN AND NOW in Hospital Sultan Abdul Halim, Sungai Petani, Kedah, Penang Malaysia.
- 2018 Tackling the Uterine Pedicle. A lecture delivered at the Date: 12th and 13th August 2018 at the MASTERCLASS IN LAPAROSCOPIC SURGERY - THEN AND NOW in Hospital Sultan Abdul Halim, Sungai Petani, Kedah, Penang Malaysia.
- 2018 Recurrent Pregnancy Loss. A lecture delivered at the Jose Reyes. "OB GYN of the 21st Century: Facing Old Problems with New Solutions" June 14, 2018 at Novotel Manila Araneta Center, Quezon City.
- 2018 Approach to ovulation induction in PCOS. A lecture given at an ISUOG approved course "Building Bridges between Sonologists and Clinicians" Clark on the 12th June 2018.
- 2018 Ovarian New Growth In The Young. A lecture given at the Capitol Citiwide, Inc. (CCI) 9th Annual Postgraduate Course June 2018 at the Seda Hotel Vertis North Quezon City.

- 2018 Unexplained Recurrent Pregnancy Loss. A lecture given during the Philippine Society for Reproductive Medicine Midyear Convention May 2018 at the EDSA Shangri-la Hotel.
- 2018 A cross-sectional study on the impact of symptoms related to menstrual pain on health-related quality of life and work productivity of Filipino nurses working in a tertiary hospital. With Sarrie Joyce C. Canlas as primary author. Poster presentation *in* Asia Pacific Initiative on Reproduction Congress April 2018 Taipei, Taiwan.
- 2018 Distinguishing Imperforate Hymen from Transverse Vaginal Septum. A lecture given at the Philippine Society of Ultrasound in Clinical Medicine, Inc. (PSUCMI) last March 8, 2018.
- 2018 Hypogastric Mass + Myoma + Pregnancy. A lecture given during the University of the East College of Medicine Annual Postgraduate Course, February 8 to 9, 2018 at the Crown Plaza Galleria, Quezon City.
- 2017 Validation of readings of locally made cardiotocogram (RxBox 2) Model 2 compared with standard equipment (Part 2) with Serine Decano. Completed research. 1st place. Philippine Obstetrical and Gynecological MidYear Research Contest, 2018. Accepted for Oral Presentation at the International Federation of Gynecology and Obstetrics (*FIGO*) in Rio de Janeiro, Brazil October 2018. Volume 42, Number 2, PJOG March-April 2018
- 2017 Use of three-dimensional ultrasound in the diagnosis of deep infiltrating endometriosis: a metaanalysis. With Mary Liezl Yu as primary author.. Completed research
- 2017 The Effect of Structured Simulation Workshop on The Knowledge And Skills of General Gynecologists On Electrosurgery with Grethel Vasquez. Completed research
- 2017 A descriptive study of the quality of life of infertile Filipino women via the FertiQoL with Genevieve Ortega. Completed research.
- 2017 Dilemmas and barriers in endometriosis. A lecture given at the 6th Asian Congress of, Endometriosis , Shiraz, Iran last 23 November 2017.
- 2017 Types of progestins. A chapter in the Practice Guidelines of the Philippine Society for Climacteric Medicine.
- 2017 Management of infertility in women with leiomyomas and infertility. Co Author with Drs. Virgilio Novero Jr and Ednilyn Ong-Jao. A chapter in the Clinical Practice Guidelines on Uterine Leiomyoma. 2017 published by the Philippine Society for Reproductive Medicine.
- 2017 Challenges of Integrating Endoscopy in General Gynecology Practice. A lecture given at the APAGE Congress in Okayama, Japan, September 2017.
- 2017 MIS Integration in Philippine OBGYN Residency: An Update. A lecture given at the Philippine Society of Gynecologic Endoscopy 13th Annual Convention. . July 13, 2017, EDSA Shangri-la Hotel, Mandaluyong City.
- 2017 The effectiveness of Evening Primrose oil gel capsule as a cervical ripening agent during labor induction as measured by Bishop score on term singleton pregnant patients, Co author with Nonette Diansuy. Abstract presented at the 25th Asian & Oceanic Congress of Obstetrics & Gynaecology, 15–18 June 2017, Hong Kong Convention and Exhibition Centre. . *Obstet. Gynaecol. Res* 43, no. S1 (2017): 202-210.
- 2017 Nonette DN. And Aguililar A. (2017) The effectiveness of evening primrose oil gel capsule as a cervical ripening agent during labor induction as measured by bishop score on term singleton pregnant patients. *Philippine Journal of Obstetrics and Gynecology*. Mar;41(2):1-4.

- 2017 The accuracy of locally made cardiocogram in detecting suspicious traces. Co author with Reya Andrea Hurtado. . Abstract presented at the 25th Asian & Oceanic Congress of Obstetrics & Gynaecology, 15–18 June 2017, Hong Kong Convention and Exhibition Centre. . *Obstet. Gynaecol. Res* 43, no. S1 (2017): 202-210.
- 2017 Costing study of vaginal deliveries and cesarean section procedures at a tertiary government hospital. Co- author with Romelyn April Imperio. Abstract presented at the 25th Asian & Oceanic Congress of Obstetrics & Gynaecology, 15–18 June 2017, Hong Kong Convention and Exhibition Centre. . *Obstet. Gynaecol. Res* 43, no. S1 (2017): 202-210.
- 2017 The XY female: a rare case of swyer syndrome with dysgerminoma.Co-author with Ma Rosielyn Asto,AngelaAguilar. Abstract presented at the 25th Asian & Oceanic Congress of Obstetrics & Gynaecology, 15–18 June 2017, Hong Kong Convention and Exhibition Centre. . *Obstet. Gynaecol. Res* 43, no. S1 (2017): 202-210.
- 2017 ENDOMETRIOMAS: Recurrence and Preservation of Ovarian Function. A lecture given June 2017 APAGE Regional Workshop in Singapore.
- 2017 Ruan, X., Kubba, A., Aguilar, A., & Mueck, A. O. (2017). Use of cyproterone acetate/ethinylestradiol in polycystic ovary syndrome: rationale and practical aspects. *The European Journal of Contraception & Reproductive Health Care*, 22(3), 183-190.
- 2017 Endometrioma: to remove or not prior to IVF. A lecture delivered at the Reproductive Surgery Hands-On Workshop AND GESM 1st. SCIENTIFIC MEETING. Kuala Lumpur, 28 and 29 April 2017.
- 2017 The effect of age on pregnancy rates of IVF cycles employing a time lapse video system for embryo selection. Primary author. Co-authors , Arnel D. Gamilde² RMT, Michael Manuel Guzman³ RMT and Virgilio M. Novero, Jr.⁴ MD. Oral presentation at the 7th Congress of the Asia Pacific Initiative on Reproduction (ASPIRE) Kuala Lumpur, Malaysia, from 30 March – 2 April 2017 to April 8 to 10, 2016
- 2017 "A Five-year Prevalence and Characteristics of Polycystic Ovary Syndrome (PCOS) in Filipino women diagnosed with Endometrial Cancer" Co author. Primary author: Genevieve Ortega. Oral presentation: at the 7th Congress of the Asia Pacific Initiative on Reproduction (ASPIRE) Kuala Lumpur, Malaysia, from 30 March – 2 April 2017 to April 8 to 10, 2016 and at the Society of Endometriosis and Uterine Disorders (*SEUD*) Congress last 6th – 8th April 2017 in Singapore.
- 2016 Ortega, G. and Aguilar A (2016) A Five-year Prevalence and Characteristics of Polycystic Ovary Syndrome (PCOS) in Filipino women diagnosed with Endometrial Cancer" Co author. Primary author: . *Philippine Journal of Reproductive Endocrinology and Infertility*. July-December Volume 13 Issue 2 Page(s) 62-71.
- 2016 Hysteroscopy versus SIS or 3d ultrasound in the diagnosis and management of intrauterine pathology. A lecture given during the Philippine Obstetrical and Gynecological Society 2016 Annual Convention and 70th Anniversary celebration. Philippine International Convention Center. 11 November 2016.
- 2016 The Role of Minimally Invasive Surgery in the Management of Infertility. A presentation given at the 17th Asia-Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy Annual Congress in conjunction with 2016 Taiwan Association for Minimally Invasive Gynecology Annual Meeting (2016 APAGE & TAMIG Annual Congress) in Taipei, Taiwan. November 6, 2016.
- 2016 Unexplained Infertility: What else is there to explain? A lecture given at the 1 st REPRODUCTIVE IMMUNOLOGY CONGRESS. New World Hotel Manila, October 13, 2016

- 2016 Endometriosis among adolescents and young adults: Incidence and Management. A presentation given at the 5th Asian Conference on Endometriosis (ACE 2016) . Osaka International Convention , Osaka City, Japan, September 22, 2016.
- 2016 Step By Step Approach: Myomectomy And Repair. Philippine Society of Gynecologic Endoscopy 12th Annual Convention. . July 14 & 15, 2016, EDSA Shangri-la Hotel, Mandaluyong City.
- 2016 TCRM: Tips and Tricks for large Type 0 and 1 submucous myoma. . Philippine Society of Gynecologic Endoscopy 12th Annual Convention. . July 14 & 15, 2016, EDSA Shangri-la Hotel, Mandaluyong City.
- 2016 Care for the transgender. . A lecture given during the 21st Annual postgraduate course of the Bayside Council in Obstetrics and Gynecology. Century Hotel Manila. 5 June 2016.
- 2016 Endometriosis: are we doing too much too soon? . A lecture given during the 23rd Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. June 1, 2016. Pasig City, Philippines.
- 2016 Other long term consequences of polycystic ovary syndrome. . A lecture given during the A lecture given during the Philippine Society for Reproductive Medicine Midyear Convention. Novotel Quezon City. 27 May 2016.
- 2016 Optimizing the timing of surgery in endometriosis. A lecture given at the Asia Pacific Endometriosis Consensus And Treatment Of Uterine Disorders (ASPECT) meeting in Wuxi, China. 23 April 2016.
- 2016 Outcomes of IVF cycles among couples with endometriosis in the Philippines. A poster presented in the the 6th Congress of the Asia Pacific Initiative on Reproduction (ASPIRE) April 8 to 10, 2016 in Jakarta, Indonesia.
- 2016 A case of spontaneous heterotopic pregnancy with tual rupture: successful anagement with salpingectomy and continuation of intrauterine pregnancy. Oral presentation by SJ Canlas. Coauthor. in the the 6th Congress of the Asia Pacific Initiative on Reproduction (ASPIRE) April 8 to 10, 2016 in Jakarta, Indonesia.
- 2016 What is the impact on endometriosis and its management on ART outcomes? A lecture delivered at the 3rd International Symposium on Reproductive Medicine, Henry Sy, Sr. Auditorium, St. Luke's Medical Center-Global City, February 25, 2016
- 2016 Infertility+Endometriosis+Laparoscopy. A lecture delivered in the University of the East Ramon Magsaysay College of Medicine Department of Obstetrics and Gynecology Postgraduate Course, 2 February 2016 at the Crown Plaza Hotel.
- 2015 Pathophysiology of adhesion formation. Invited lecture. Kongres Nasional (Indonesian Gynecology Endoscopy Society, Grand Clarion Hotel, Makassar, Indonesia. November 29, 2015
- 2015 Incorporating minimally invasive surgery into general gynecology practice. Lecture. Philippine Obstetrical and Gynecological Society 2015 Annual Convention and 69th anniversary celebration. Philippine International Convention Center. 27 November 2015.
- 2015 Tanchoco, M. L. C., and A. S. Aguilar. "Cervical Priming Prior to Operative Hysteroscopy: A Randomized Controlled Study Comparing the Efficacy of Laminaria Versus Evening Primrose Oil (EPO)." Journal of minimally invasive gynecology 22.6 (2015): S45..

- Presenter and co-author . Winner, 2nd place. 2015 International College of Surgeons Asia Pacific Federation congress Philippine Research Contest. November 22, 2015 Manila Diamond Hotel. Coauthor same paper, oral communication at the American Association for Gynecologic Endoscopy (AAGL) Annual Congress. MGM Grand Hotel, Las Vegas, Nevada, november 16, 2015 and at the 16th Asia Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy, Beijing, China, November 7, 2015.
- 2015 VALIDATING OUTCOMES OF SURGICAL SIMULATION IN INCREASING KNOWLEDGE AND SKILLS IN OPERATIVE GYNECOLOGIC LAPAROSCOPY AMONGST GENERAL OBSTETRICIAN-GYNECOLOGISTS. Co author with Sheryll Beltran-Carullo MD. Poster presentation at the 16th Asia Pacific Association for Gynecologic Endoscopy and Minimally Invasive Therapy, Beijing, China.
- 2015 Minimally Invasive Gynecologic Surgery in the Pediatric Age Group. Lecture delivered in the 5th Biennial Convention of the Pediatric and Adolescent Gynecology Society of the Philippines. "Reproductive Concerns of Girls". Quezon City Sports Club. May 16, 2015.
- 2015 Endometriosis and pain. QOL and impact on women across various age groups and working status.. Lecture delivered at the Asia Pacific Endometriosis Consensus and Treatment of Uterine Disorders, Singapore, April 2015.
- 2014 "The Development of a Low Cost Mechanical Resectoscope Simulator" 2014 APAGE Annual Congress Best Poster Presentation Award, Kuala Lumpur , Malaysia, November 2014.
- 2014 SURGICAL SIMULATION IN TEACHING LAPAROSCOPY AND HYSTEROSCOPY: WHAT IS IN THE FUTURE? Philippine Society of Gynecologic Endoscopy 8th Annual Convention. Edsa Shangrila Hotel Mandaluyong City. 10 July 2014
- 2014 The art of operative vaginal delivery. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Hotel Sofitel. 7 July 2013
- 2014 What is the best screening test for ovarian reserve? AMH, FSH or AFC? A lecture given during the Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. 3 July 2014.
- 2014 Updates in the management of endometriosis. A lecture given during the postgraduate course of the the Bayside Council in Obstetrics and Gynecology. Hyatt Regency Manila. 1 June 2014.
- 2014 The role of endoscopy in endometriosis. A lecture given during the A lecture given during the Philippine Society for Reproductive Endocrinology and Infertility Midyear Convention. Edsa Shangrila Hotel Mandaluyong City. 19 May 2014.
- 2013 A modular training program in gynecologic endoscopy for practicing professionals. Submitted for publication. J Phil Obstet Gynecol.
- 2013 Venous Thrombembolism in Obstetrics and Gynecology. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Sofitel Philippine Plaza. July 2013.
- 2013 Premature Ovarian Failure: A systematic approach to Diagnosis and Management. A lecture given during the 19th Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. June 2013. Pasig City, Philippines.

- 2012 Single Port Laparoscopy: Its Potential Value. A lecture given during the Philippine Obstetrical and Gynecological Gynecological Society (Foundation), Inc. Annual Convention. At the PICC. November 2012.
- 2012 Management of tubal infertility. Chapter 6. Clinical practice guidelines in the management of infertility. Co-author. Published by the Philippines Society of Reproductive Endocrinology and Infertility. ISBN 978 971 94614 3 2.
- 2012 Management of endometriosis related infertility. Chapter 7. Clinical practice guidelines in the management of infertility. Co-author. Published by the Philippines Society of Reproductive Endocrinology and Infertility. ISBN 978 971 94614 3 2.
- 2012 Endometriosis and adenomyosis. Chapter 5. Quick Reference Manual on Reproductive Endocrinology and Infertility. Published by the Philippines Society of Reproductive Endocrinology and Infertility. ISBN 978 971 94614 2 5.
- 2012 Endometriosis. A chapter in the Clinical Practice Guidelines on Pediatric and Adolescent Gynecology. Published by the Philippines Obstetrical and Gynecological Society (Foundation), Inc. ISBN 978 971 94651 6 4.
- 2012 Surgical tutorial: Hysteroscopic resection of intrauterine septum. Philippine Society of Gynecologic Endoscopy 8th Annual Convention. Diamond Hotel. July 11 , 2012.
- 2012 Endoscopic Surgery in Gynecology. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Hotel Sofitel. July 2012.
- 2012 Management options for adenomyosis. A lecture given during the 19th Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. June 1, 2012. Pasig City, Philippines.
- 2011 Obtaining specimens. A chapter in the Manual of Pediatric Gynecological Examination and Vaginoscopy. De Guia Fuerte, Almirante, Bernardino. Eds. Published by the Pediatric and Adolescent Gynecology Society of the Philippines.
- 2011 Recurrent pregnancy losses and thyroid dysfunction. A lecture given during thThe Philippine Society of Reproductive Endocrinology and Infertility will hold its 17th Annual Convention on October 5-7, 2011 at the Diamond Hotel, Roxas Boulevard, Manila with the theme: "Issues, Updates and Challenges in REI".
- 2011 Experience with single port laparoscopy. Philippine Society of Gynecologic Endoscopy 7th Annual Convention. Century Park Hotel. July 21 , 2011.
- 2011 Infertility: management options. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Hotel Sofitel. July 2011.
- 2011 Contraception after 40. A lecture given during the 14th Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. June 3, 2011. Pasig City, Philippines.
- 2010 Signs and symptoms of myoma uteri. Chapter in Clinical Practice Guidelines on Myoma Uteri and Adnexal Masses. Published by the Philippines Obstetrical and Gynecological Society (Foundation), Inc.
- 2010 Management of symptomatic adenomyosis. A lecture given during the Philippine Obstetrical and Gynecological Gynecological Society (Foundation), Inc. Annual Convention. At the PICC. November 2010.
- 2010 Endometriosis induced infertility. A lecture given during the Philippine Society for Reproductive Endocrinology and Infertility Annual Convention. Manila Diamond Hotel. October 14, 2010.
- 2010 Which is the better option for tubal infertility, laparoscopy or laparotomy?. Philippine Society of Gynecologic Endoscopy 6th Annual Convention. Diamond Hotel. July 20 , 2010.

- 2009 Acquiring laparoscopic skills using a simple pelvic model. A lecture given during the Philippine Obstetrical and Gynecological Gynecological Society (Foundation), Inc. Annual Convention. At the PICC. November 2009.
- 2009 Tubal infertility: how to maximize surgical treatment/ A lecture given during the Philippine Society for Reproductive Endocrinology and Infertility Annual Convention. Manila Diamond Hotel. October 22, 2009.
- 2009 Basics of Laparoscopic Surgery.. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Hotel Philippine Plaza. July 2009.
- 2008 Consensus statements in endometriosis. Co editor. . Published by the Philippines Society of Reproductive Endocrinology and Infertility.
- 2008 HRT and endometriosis. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Hotel Sofitel. July 2008.
- 2008 Abnormal uterine bleeding in adolescents. A lecture given during the 19th Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. June 2008. Pasig City, Philippines.
- 2007 Endoscopic Diagnosis and Management of Uterine Septum. A video presentation at the Joint Philippine Association of Laparoscopic and Endoscopic Surgeons and the Philippine Society of Gynecologic Endoscopy. Crowne Plaza July 13, 2007.
- 2007 The Child as a Gynecologic Patient. A lecture given during the UP PGH Department of Obstetrics and Gynecology Postgraduate Course. Hotel Philippine Plaza. July 2007.
- 2007 The Pregnant Patient in Renal Failure. A lecture panel discussion during the 18th SOAP Midyear Scientific Congress. Holiday Inn Galleria Hotel. Pasig City, June 30, 2007.
- 2007 Postscript to the WHI: Management of Menopause. A lecture given during the 14th Postgraduate Course in Obstetrics and Gynecology of the PENTAMED. June 1, 2007. Pasig City, Philippines.
- 2007 Laparoscopic Pelvic Anatomy and Landmarks. Workshop of the Philippine Society of Gynecologic Endoscopy, April 2007. Manila, Philippines
- 2006 Pacioles-Flavier, C. M., & Aguilar, A. (2006). A cross-sectional study of patients with polycystic ovary syndrome consulting at a tertiary hospital from February-July 2004. Philippine Journal of Reproductive Endocrinology and Infertility, 4(1).
- 2006 Pador-Gelito, G. L., & Aguilar, A. S.(2006).The carbon dioxide insufflation volume required to attain adequate pneumoperitoneum in gynecologic laparoscopy patients. Philippine Journal of Reproductive Endocrinology and Infertility, 3(1), 1-4
- 2006 Rosa, S. S., & Aguilar, A. S.(2006).Surveillance of the endometrium in women taking tamoxifen for breast carcinoma: A six month follow up report. Philippine Journal of Reproductive Endocrinology and Infertility, 3(1), 5-11
- 2006 Screening Strategies for the Perimenopausal Woman. A lecture given during the Philippine Society for Climacteric Medicine 14th Annual Convention at the Edsa Shangrila Hotel, Philippines.
- 2006 Health Education in the Philippines: "E" Dimensions. A paper presented in the Regional Workshop on "e-Applications in ICT in population and its related fields:e-Learning and e-Health" organized by the United Nations Economic and Social Commission for Asia and the Pacific (UNESCAP). Held in Lanzhou, Gansu, China 4-6 July 2006.

- 2006 Endometrial Ablation. A video presentation given during the 2nd Joint Annual Convention on Minimally Invasive Surgery and Gynecology hosted by the Philippine Association of Laparoscopic and Endoscopic Surgeons, Inc. and the Philippine Society for Gynecologic Endoscopy, Inc. July 13 to 15, 2006.
- 2006 Endometriosis: New Theories, New Options. A lecture/monograph presented during the Annual Postgraduate Course of the UP PGH Department of Obstetrics and Gynecology, June 29, 2006 at the Hotel Philippine Plaza.
- 2006 Amenorrhea and the Polycystic Ovary. A lecture/monograph presented during the Annual Postgraduate Course of the UP PGH Department of Obstetrics and Gynecology, June 29, 2006 at the Hotel Philippine Plaza.
- 2006 Ovulation Induction. A lecture delivered during the PENTAMED Annual Postgraduate Course. June 1, 2006 at the Crowne Plaza Hotel.
- 2006 Hysteroscopically Guided Resection of Uterine Septum. A lecture video presentation delivered at the monthly conference of the Bayside Council in Obstetrics and Gynecology. May 24, 2006.
- 2006 Managing Infertile Couples. A lecture delivered during the STI-De Los Santos Annual Postgraduate Course. May 12, 2006 at the Holiday Inn Manila.
- 2005 A study on the learning environment of the residents of UP PGH Department of Obstetrics and Gynecology at the UP PGH. For finalization. Funded by the Social Medicine Unit of the UP College of Medicine.
- 2005 Providing Care for Women Survivors of Torture. A chapter written in the “**Manual on the recognition, Documentation and Reporting of Torture.**” Published by the Medical Action Group, Inc. and the Commission on Human Rights of the Philippines. ISBN 971-93361-0-2. Manila, Philippines.
- 2005 Updates in the Basic Infertility Work-up. A Lecture delivered at the Philippine Association of Medical Specialties, Inc. Annual Convention. Crowne Plaza Hotel, Mandaluyong City.
- 2005 Crises in Pregnancy. A lecture delivered at the Philippine Society for Emergency Care Physicians, Inc. 12th Annual convention. October 21. Hyatt Regency Hotel, Manila.
- 2005 A cross sectional study of patients with polycystic ovary syndrome consulting at the out patient department of the UP PGH. Supervising investigator with Carol Marjorie H. Pacioles-Flavier MD as principal investigator. **Phil J Obstet Gynecol 29(3)**, September 2005.
- 2005 Treatment Options in Endometriosis. A Lecture delivered in Annual Postgraduate Course of the the Department of Obstetrics and Gynecology of the University of the Philippines, UP College of Medicine, July 11-13, 2005, at the Westin Philippine Plaza.
- 2005 Critical Care in Pregnancy. A lecture delivered at the Annual Postgraduate Course of the Department of Emergency Medicine, UP PGH..April 21-22, Pan Pacific Hotel Manila.
- 2004 Infertility: What Can We Do Now? A paper presented at the International Conference on Population and Development (1994-2004) National Conference, October 5, 2004. Manila.
- 2004 Updates on Endometriosis. A lecture at the PENTAMED Annual Postgraduate Course, June 1, Holiday Inn Galleria, Mandaluyong City.
- 2004 Unravelling the Puzzle of the Polycystic Ovary Syndrome. A Lecture at the Bayside College of Obstetrics and Gynecology, June 5, Hyatt Regency Hotel Manila.
- 2003 Nascent Trends in Gynecologic Endoscopy. A lecture at the Philippine College of Surgeons Annual Convention, December 1, 2003, EDSA Shangri-la Plaza.

- 2003 Abnormal Sexual Development. Lecture in Annual Postgraduate Course of the the Department of Obstetrics and Gynecology of the University of the Philippines, UP College of Medicine, July 14-16, Westin Philippine Plaza.
- 2003 Modern Minimally Invasive Interventional Modalities in Gynecology: Will it replace tried and tested surgical procedures anytime soon? Paper presented in the 8th Bayside Council in Obstetrics and Gynecology (BAYCOG) Annual Convention, June 1, 2003.
- 2002 Ovarian Transplant: ART from Women Above 40? Paper presented at the Annual Convention of the Philippine Society of Endocrinology and Infertility, October 19, 2002
- 2002 Women and Torture. Lecture in a workshop sponsored by the Commission on Human Rights and the Medical Action Group through the support of the British Embassy. October 17, 2002.
- 2002 Basic Diagnosis of Infertility. Lecture in Annual Postgraduate Course of the the Department of Obstetrics and Gynecology of the University of the Philippines, UP College of Medicine, July 3-5, 2002.
- 2002 Dysfunctional Uterine Bleeding. Lecture in Annual Postgraduate Course of the the Department of Obstetrics and Gynecology of the University of the Philippines, UP College of Medicine, July 3-5, 2002.
- 2001 Clinical Aspects of Reproductive Technology. A paper presented at the University of the Philippines College of Law Forum on Reproductive Technology. October 2. Unpublished.
- 2001 Introduction to Advanced Reproductive Techniques. Body and Soul. A multimedia discussion on women, religion and reproductive health. Women's Feature Service. AIM Conference Center, July 30. Published under a grant from the Ford Foundation.
- 2001 Work-up of the Infertile Couple. "Separating Fact from Fallacy" Annual Postgraduate Course of the Department of Obstetrics and Gynecology of the University of the Philippines, UP College of Medicine. For publication.
- 2001 High risk behaviors and the prevalence of sexually transmitted diseases among women prisoners at the women's state penitentiary in Metro Manila. N.P. Simbulan, **A. S. Aguilar**, T. Flanigan and S. Cu-Uvin. **Social Science and Medicine**. 52 (2001):599-608. Published by the Elsevier Science Ltd.
- 2000 A review of the management of transverse vaginal septum in the Philippine General Hospital, unpublished.
- 1999 Multicenter trial on the effects of raloxifene among menopausal women, unpublished.
- 1999 Workbook for the Consultative Workshop on the Prevention and Treatment of Infertility and Sexual Disorders. A workshop organized by the Maternal and Child and Child Health Division of the Department of Health, October 13-14, 1999 Great Eastern Hotel, Quezon Avenue, Quezon City.
- 1998 Adolescent Pregnancy. A paper presented in the 11th Roundtable Discussion on "Women's Health and Sexuality" sponsored by the National Centennial Commission-Women Sector on July 27, 1998.
- 1997 A comparison of the effects of bisacodyl and digital rectal stimulation on the duration of post-op ileus in patients who underwent elective gynecologic surgery. Third Place, Boeringer-Ingelheim Resident's Research Contest, 1997.
- 1995 Arterio-venous malformation in pregnancy. A paper presented at a staff conference of the Department of Obstetrics and Gynecology of the Philippine General Hospital.

1993

Care for torture survivors from a medical point of view. A monograph published in the **Human Rights Forum**. Vol. III, No. 2. Philippine Human Rights Information Center (PhilRights). Edited by Dr. Ilka Bailey-Wiebecke.

Positions Held, Work Experience

2015	Convention Secretary, Philippine Obstetrical and Gynecology Society Anniversary Celebration and Annual Convention, November 2016.
2015	Chair, Postgraduate Committee, Department of Obstetrics and Gynecology, University of the Philippines Philippine General Hospital, June 2016.
2014	Head, Technical working group. Endometriosis Practice Guidelines. Philippine Society for Reproductive Endocrinology and Infertility
2014	Head and Editor. Practice Guidelines for Hysteroscopy for Endometrial Polyps and Submucous Myomas. A Joint project of the Philippine Society for Gynecologic Endoscopy. Philippine Obstetrical and Gynecological Society, Inc.
2014	Chair, Subcommittee on Ways and Means, Annual Convention Committee, Philippine Obstetrical and Gynecological Society, Inc.
2013	Executive Assistant, Department of Obstetrics and Gynecology, University of the Philippines College of Medicine
2013	Chair, Committee for Minimally Invasive Surgery, Department of Obstetrics and Gynecology, St. Luke's Medical Center Bonifacio Global City and Cardinal Santos Medical Center
2013	Vice President, Philippine Society for Gynecologic Endoscopy
2012	PRO, Philippine Society for Reproductive Endocrinology and Infertility
2011-2012	Secretary, Philippine Society for Gynecologic Endoscopy
2011 to present	Consultant and Active Staff, Center for Advanced Reproductive Medicine and Infertility. St. Luke's Medical Center Bonifacio Global City
2009-2010	PRO, Philippine Society for Reproductive Endocrinology and Infertility
2007-2010	Assistant Secretary and Chair of the CME, Philippine Society for Gynecologic Endoscopy
2008	Chair, Technical working group. Consensus statements on endometriosis. Philippine Society for Reproductive Endocrinology and Infertility
2007-2010	Assistant Secretary and Chair of the CME, Philippine Society for Gynecologic Endoscopy
2007	Chair, Subcommittee on Documentation, Annual Convention Committee, Philippine Obstetrical and Gynecological Society, Inc.
2007	Chair, Board of Judges, Residents' Interesting Case Contest, Department of Obstetrics and Gynecology, The Medical City, Pasig.
2007	Member, Ways and Means SubCommittee, Annual Convention Committee, Philippine Obstetrical and Gynecological Society, Inc.
2007	Chair, Ways and Means Committee, Philippine Society for Reproductive Endocrinology and Infertility
2006 to present	Asst. Secretary, Philippine Society for Gynecologic Endoscopy.
2006	Chair, Committee on Reproductive Endocrinology, Infertility and Endoscopy, Department of Obstetrics and Gynecology, Cardinal Santos Medical Center
2006	Chair, Committee on Physical Arrangements, Philippine Society for Climacteric Medicine Midyear and Annual Convention
2006	Member, Committee on Community Service, Philippine Obstetrical and Gynecological Society, Inc.
2005 to present	Head, Interns Academic Committee, Department of Obstetrics and Gynecology, UP PGH and College of Medicine

2005 to present	Head, Minimally Invasive Surgery Unit, Department of Obstetrics and Gynecology, The Medical City
2005	Chair, Scientific Committee, 2006 Annual Postgraduate Course, Department of Obstetrics and Gynecology, UP PGH
2005	Co-Chair, Scientific Committee, 2006 Grand Scientific Symposium, UP College of Medicine
2005	Head, Ways and Means Committee, Textbook Project, Section of Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology, UP PGH
2005	Head, Research Committee, Department of Obstetrics and Gynecology, Cardinal Santos Medical Center, Greenhills
2005	Member, Souvenir Program Committee and Socials Committee, Philippine Society for Reproductive Endocrinology and Infertility
2005	Academic Coordinator for Year Level 7, Department of Obstetrics and Gynecology, UP College of Medicine
2005	Member, Board of Judges, 16 th Annual Interns Interesting Case Presentation. April, 2005. Cardinal Santos Medical Hospital, Greenhills San Juan.
2004 to present	Representative, Center for Gender and Women's Studies, UP MANILA
2003 to present	Core Member, Community Oriented Medical Education Unit, UP College of Medicine
2004 to present	Coordinator, Committee for Community Obstetrics, Department of Obstetrics and Gynecology, UP PGH
2003-to present	Head, Section of Obstetrics and Gynecology, MTech Medical Hospital
2003 to present	Co-Chair, Committee on Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology, Cardinal Santos Medical Center, Greenhills
2004	Member, Committee for Continuing Medical Education, Philippine Society for Climacteric Medicine
2004	Co-Chair, Scientific Committee, BAYCOG Annual Postgraduate Course, 2004
2004	Co-Chair, Documentation Committee, PENTAMED Annual Postgrad, 2004
2003	Assistant Section Chief for Services, Section of Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology, Philippine General Hospital
2003	Member, Library Committee, Philippine Obstetrical and Gynecological Society, Inc.
2003	Member, Socials Committee, Philippine Obstetrical and Gynecological Society, Inc.
2002 to present	Coordinator for Two Tiered Residency Program in Community Obstetrics, , Department of Obstetrics and Gynecology, Philippine General Hospital
2002	Coordinator for Second Year Residents, Training Committee, Department of Obstetrics and Gynecology, Philippine General Hospital
2001	Coordinator for Third Year Residents, Training Committee, Department of Obstetrics and Gynecology, Philippine General Hospital
2001 to present	Clinical Assistant Professor, Department of Obstetrics and Gynecology, University of the Philippines-College of Medicine
2001 to present	Active Consultant Staff, Cardinal Santos Medical Center
2001 to present	Visiting Staff at St. Luke's Medical Center, The Medical City, De Los Santos Medical Center, World City Medical Center, Trinity Woman and Child Center

2002 Coordinator for Obstetrics and Gynecology, Doctors to the Barrios Training Seminar, Department of Health

2000 Chief Fellow, Section of Reproductive Endocrinology and Infertility, UP-PGH

1999 Moderator, Consultative Workshop on the Prevention and Treatment of Infertility and Sexual Disorders. A workshop organized by the Maternal and Child and Child Health Division of the Department of Health, October 13-14, 1999 Great Eastern Hotel, Quezon Avenue, Quezon City.

1999 Organizing Committee, Philippine Society for Reproductive Endocrinology and Infertility Annual Convention, October 1, 1999, Edsa Shangri-La Hotel.

1998 Chief Resident, Department of Obstetrics and Gynecology, Philippine General Hospital

1998 Assistant Secretary, UP-PGH Obstetrics and Gynecology Alumni Association.

1997 Assistant Chief Resident, Department of Obstetrics and Gynecology, Philippine General Hospital

1997 Member, Planning Committee for the Obstetrics and Gynecology Clinical Rotation, Doctors to the Barrio Program

1996 Head Monitor, Year Level 5 (Clinical Clerkship) Resident Monitors Committee, Department of Obstetrics and Gynecology, Philippine General Hospital (Planning, Implementation and Evaluation of the UP College of Medicine Curriculum for the Clinical Clerks)

1995 Public Relations Officer, Philippine General Hospital Physicians Association

1993 Member, Program on Psychosocial Trauma headed by June Pagaduan-Lopez, M.D. (Documentation of the Experience of Health Workers Involved in the Relief and Rehabilitation of Victims of Natural and Man-Made Disasters and the Planning of Public Health Programs for Relief and Rehabilitation) , University of the Philippines Center for Integrative and Development Studies.

1993 Research Associate, Intercare Research Foundation, Inc. (Headed by former Health Department Secretary Alfredo R. Bengzon, M.D., Health Management Research. The project undertook a study of system changes and the process of reform within a government health institution such as the Department of Health. The project was commissioned by the World Health Organization.)

1991-1993 Staff Physician, Philippine Action Concerning Torture, Medical Action Group, Inc. (A non-government organization involved in the relief and rehabilitation of victims of human rights violations.)

1991-1993 Field Physician, Buklurang Naglalayong Sagipin ang Sanggol (BUNSO) (A non-government organization involved in maternal and child health and advocacy of breastfeeding and the implementation of the Milk Code.)

1992-1993 Community Physician, German Doctors Foundation (A non-government organization involved in a tuberculosis control program.)

1989 Staff, Summer Community Exposure, Philippine Youth Health Program (PYHP) (A program that brought college students to the countryside to live with common folk like farmers, fishermen, sacadas.)

1988 Member, PAGESAMA (UP College of Medicine student organization for community work)

1988 Chairman, University of the Philippines Manila Student Assembly

1988 Editor-in-Chief, Medics, Official Student Publication of the UP College of Medicine

1988 Member, Board of Judges for the Editorial E

